

THE TOWNHOUSE KITCHEN

Sourdough 100% Natural Slow Fermentation

PAULINO HORTA FLOURS ^{ALENQUER} maximum exponent of the old—style flours traditionally made in windmill stone millstones, full of deep aroma and flavor

WHEAT ^{V DF} 600GR **4⁰⁰** 1200GR **6⁵⁰**

WHEAT SPECIAL ^{V DF} 600GR **5⁰⁰** 1200GR **7⁵⁰**

w APRICOT, ROSEMARY

w BARBELA

w COCOA, CAROB, HAZELNUT

w OLIVE, TOMATO ^{SUNDRIED}, QUINOA

w MULTIGRAIN

w PUMPKIN ^{OR PUMPKIN SHAPE} +3⁰⁰ **NEW**

w PLUM WALNUT ^N

w SAFFRON, SUNFLOWER

w SWEET POTATO, BLUEBERRY, LAVENDER

FOCACCIA ^{V DF} 600GR **8⁰⁰** 1200GR **14⁰⁰**

RYE WHOLE LOAF ^{V DF} 600GR **4⁵⁰** 1200GR **7⁰⁰**

RYE SEEDED LOAF ^{V DF} 600GR **5⁵⁰** 1200GR **9⁰⁰**

CRUMBS SOURDOUGH ^{V DF} 100GR **1⁵⁰**

THINS CRACKERS SOURDOUGH ^{V DF} 100GR FROM **2⁵⁰**

NEW **MILK BREAD** LOAF ^{V DF} 750GR **5⁵⁰**

NEW **MILK BREAD WHOLE** LOAF ^{V DF} 750GR **7⁰⁰**

THE BRIOCHE LOAF ^{OV} 600GR **12⁰⁰**

GLUTEN FREE LOAF ^{V DF GF} 600GR **6⁵⁰** 1200GR **12⁰⁰**

Sourdough — in Portuguese *Massa Mãe Lêveda* — is a dough fermented through lactobacilli and yeasts naturally present in the environment and in the actual grains of the cereal from which the flour was made. Sourdough is characterised by a mild bitterness noticeable in the resulting bread and/or food produce. Due to the lactic acid produced by lactobacilli, preventing other microorganisms from manifesting, produce made with slow fermented sourdoughs have a pronounced intensity and a considerable longer life. Our starter is a story of love and daily dedication with almost ten years of longevity, since the opening of the townhouse, and it is nicknamed **ROSA**

^V vegan ^{OV} ovo-lacto-vegetarian ^{GF} glutenfree ^{DF} dairyfree ^R raw ^N nuts ^C crustacean

ORDER THRU
916 000 081
221 124 203

XMAS ORDERS
UNTIL THURSD
22 DECEMBER

THE TOWNHOUSE KITCHEN

PANETTONE OV UNIT 3⁰⁰ 600GR 16⁰⁰ 1200GR 24⁰⁰

w MUSCAT RAISINS DOURO MOSCATEL
w COCOA NIBS, ORANGE ALGARVE
w CRISPY ONION, THYME
w CAROB ALGARVE, FIG DOURO

NEW

BOLO — REI TRADITIONAL CROWN OV 1200GR 26⁰⁰

BOLO — RAINHA MALABAR GOURD CROWN OV 1200GR 29⁰⁰

WILLY WONKA CHOCOLAT TRUNK OV 1200GR 28⁰⁰

RABANADAS FRENCH TOAST OV UNIT 3⁰⁰ 6 UNIT 16⁰⁰

WINE RABANADAS OV UNIT 3⁵⁰ 6 UNIT 18⁰⁰

PÃO — DE — LÓ OVAR SPONGECAKE OV 500GR 17⁰⁰

PUMPKIN PIE PECAN PISTACHIO OV 700GR 17⁰⁰ 1400GR 32⁰⁰

NEW **'ABADE PRISCOS'** GADUS MORHUA OV 500GR 13⁰⁰ 1000GR 24⁰⁰

CHURRA GOATMILK CHEESECAKE OV 700GR 18⁰⁰ 1400GR 35⁰⁰

BORDALEIRA SHEEPMILK CHEESECAKE OV 700GR 22⁰⁰ 1400GR 42⁰⁰

TIRA — M — ISSO OV 700GR 18⁰⁰ 1400GR 35⁰⁰

COCOA³ OV GF DF 700GR 19⁰⁰ 1400GR 39⁰⁰

SALAME PISTACHIO OV 500GR 17⁰⁰ 1000GR 32⁰⁰

BANANA BREAD OV N BRICK 600GR 16⁰⁰ 1200GR 24⁰⁰

SPICY GINGER OV BRICK 600GR 14⁰⁰ 1200GR 22⁰⁰

TEA CAKES OV BRICK 600GR 15⁰⁰ 1200GR 23⁰⁰

w LIME, LEMON, POPPY SEEDS
w COCOA, COFFEE, ROSE PEPPER
w COCONUT
w ORANGE ALGARVE
w CARROT, WALNUT N OR PARSNIP SEASONAL
w EGG WHITES, SULTANAS, PORT WINE

THE PUDDING OV 600GR 13⁰⁰ 1200GR 24⁰⁰

PAVLOVA TOPPING SEASONAL OV UNIT 7⁰⁰ 24CM 30⁰⁰

THE TOWNHOUSE KITCHEN

- CROISSANT** PUFF DOUGH OV UNIT 2⁵⁰ LOAF 600GR 14⁰⁰
PAIN AU CHOCOLAT OV UNIT 3⁵⁰ LOAF 600GR 18⁰⁰
CINNAMON BUN OV UNIT 3⁰⁰ LOAF 600GR 16⁰⁰
RIBBON PISTACHIO OR CRANBERRY OV UNIT 3⁵⁰ LOAF 600GR 18⁰⁰
NEW **ESTRELA ROLL** SEIA SHEEP CHEESE ROLL OV UNIT 3⁵⁰
TOWNHOUSE SCONES OV UNIT 2⁰⁰
NEW **ARRUFADINHAS** OV UNIT 2⁵⁰ 6 UNIT 12⁰⁰
AL—BROWNIE VEGAN V DF GF N UNIT 4⁵⁰ 6 UNIT 22⁰⁰

COOKIES OV N FROM 100GR 5⁰⁰ 200GR 8⁰⁰

AL—BISCOTTI CANTUCCINI PISTACHIO OR ALMOND

GINGERBREAD OR XMAS FIGURES SPECIAL +4⁰⁰

LIME—LEMON COCONUT OR VEGAN

OATS / PEANUT BUTTER OR COCOA PEANUT BUTTER

JAMS V DF GF 200GR 8⁰⁰

w COCONUT, PINEAPPLE AZORES

w FIG CONFIT DOURO

w FOREST FRUITS

NEW w GREENGAGE PLUM RAINHA CLÁUDIA

w KIWI, LIME, ROSE PEPPER

w PEACH, GARAM MASALA, LAVENDER

w PUMPKIN NUTS N

w PLUM, CHIA, PORT WINE DOURO

w STRAWBERRY, BASIL

QUINCE V DF GF JELLY 200GR 5⁰⁰ MARMALADE 100GR 10⁰⁰

CHUTNEYS V DF GF 200GR 8⁰⁰

w AL—GHARB MANGO ALGARVE, APPLE, SHALLOT

w BEETROOT, ORANGE ALGARVE

w FENNEL, TURMERIC / CORAÇÃO DE BOI TOMATO

w RAINBOW PEPPERS / PORT ONION DOURO

BREAD & BUTTER PICKLES V DF GF 200GR 8⁰⁰

KIMCHI V DF GF 200GR 8⁰⁰

PIMENTA DA TERRA KETCHUP V DF GF 200GR 8⁰⁰

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- NEW** **BAR CHOCOLATE** WHITE / MILK / DARK / MIX OV 100GR **9⁰⁰**
TÚRRON COCOA / PINE NUT / HONEYCOMB V GF DF 100GR **11⁰⁰**
- NEW** **(CAROB) BLACK SALTED CARAMEL** OV GF 200GR **9⁰⁰**
SEA SALT ALGARVE AROMATISED IN HOUSE V N 150GR **8⁰⁰**
w PORT WINE DOURO w CITRUS LIME, LEMON

- TAHINI SESAME** PASTE V DF GF 200GR **8⁰⁰**
NUT—BUTTERS PLANT—BASED V DF GF N 200GR **12⁰⁰**
w ALMOND w PEANUT
w CASHEW NUT w PISTACHIO +2⁰⁰
w HAZELNUT w WALNUT

- SPICED NUTS** V DF N 100GR **12⁰⁰**
PISTACHIO DUKKAH SEASONING V DF N 100GR **14⁰⁰**
GRANOLA / MUESLI SEASONAL V DF N 250GR **9⁰⁰**

- NATURAL YOGHURT** HOUSEMADE OV GF 200GR **2⁰⁰**
RICOTTA / LABNEH / TZATZIKI OV GF 200GR **6⁰⁰**

- NATURAL SODAS** V DF GF 50CL **6⁰⁰** 1L **11⁰⁰**

HOUSEMADE 100% NATURAL INFUSIONS — FIZZY w CARBONATED WATER
w LIME, MINT / LEMONGRASS, FENNEL
w GINGER, LEMON, ANISTAR / FOREST BERRIES
w HIBISCUS, WILD ROSES, CARDAMOM
w CARQUEJA, CHAMOMILE, ORANGE
w ST JOHN'S HEART, BIRCH, LEMON
w BLUEBERRY, ANISEED—AGASTACHE
w VERBENA, HEATHER, SAVORY, LIME

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- FERMENTED SODAS** V DF GF 50CL **9⁰⁰** 1L **16⁰⁰**

HOUSEMADE 100% NATURAL FERMENTED
KOMBUCHA BLACK TEA SIDRA BRAVO—ESMOLFE APPLE
GINGER BEER ROOT TEPACHAI PINEAPPLE SPICES

- COLD BREW** V DF GF 50CL **5⁰⁰** 1L **9⁰⁰**

- COFFEE** VERNAZZA COFFEE ROASTERS BEAN 250GR **14⁰⁰**
TEA BLENDS TOWNHOUSE LOOSE LEAF BLEND 25GR **5⁰⁰**