

# THE TOWNHOUSE KITCHEN

Sourdough 100% Natural Slow Fermentation

PAULINO HORTA FLOURS <sup>ALENQUER</sup> maximum exponent of the old—style flours traditionally made in windmill stone millstones, full of deep aroma and flavor

**WHEAT** <sup>V DF</sup> 600GR **4<sup>00</sup>** 1200GR **6<sup>50</sup>**

**WHEAT SPECIAL** <sup>V DF</sup> 600GR **5<sup>00</sup>** 1200GR **7<sup>50</sup>**

w APRICOT, ROSEMARY

w BARBELA

w COCOA, CAROB, HAZELNUT

w OLIVE, TOMATO <sup>SUNDRIED</sup>, QUINOA

w MULTIGRAIN

w PUMPKIN <sup>OR PUMPKIN SHAPE</sup> +3<sup>00</sup> **NEW**

w PLUM WALNUT <sup>N</sup>

w SAFFRON, SUNFLOWER

w SWEET POTATO, BLUEBERRY, LAVENDER

**FOCACCIA** <sup>V DF</sup> 600GR **8<sup>00</sup>** 1200GR **14<sup>00</sup>**

**RYE WHOLE** <sup>LOAF V DF</sup> 600GR **4<sup>50</sup>** 1200GR **7<sup>00</sup>**

**RYE SEEDED** <sup>LOAF V DF</sup> 600GR **5<sup>50</sup>** 1200GR **9<sup>00</sup>**

**CRUMBS** <sup>SOURDOUGH V DF</sup> 100GR **1<sup>50</sup>**

**THINS CRACKERS** <sup>SOURDOUGH V DF</sup> 100GR FROM **2<sup>50</sup>**

**NEW** **MILK BREAD** <sup>LOAF V DF</sup> 750GR **5<sup>50</sup>**

**NEW** **MILK BREAD WHOLE** <sup>LOAF V DF</sup> 750GR **7<sup>00</sup>**

**THE BRIOCHE** <sup>LOAF OV</sup> 600GR **12<sup>00</sup>**

**GLUTEN FREE** <sup>LOAF V DF GF</sup> 600GR **6<sup>50</sup>** 1200GR **12<sup>00</sup>**

Sourdough — in Portuguese *Massa Mãe Lêveda* — is a dough fermented through lactobacilli and yeasts naturally present in the environment and in the actual grains of the cereal from which the flour was made. Sourdough is characterised by a mild bitterness noticeable in the resulting bread and/or food produce. Due to the lactic acid produced by lactobacilli, preventing other microorganisms from manifesting, produce made with slow fermented sourdoughs have a pronounced intensity and a considerable longer life. Our starter is a story of love and daily dedication with almost ten years of longevity, since the opening of the townhouse, and it is nicknamed **ROSA**

<sup>V</sup> vegan <sup>OV</sup> ovo-lacto-vegetarian <sup>GF</sup> glutenfree <sup>DF</sup> dairyfree <sup>R</sup> raw <sup>N</sup> nuts <sup>C</sup> crustacean

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**PANETTONE** OV UNIT **3<sup>00</sup>** 600GR **16<sup>00</sup>** 1200GR **24<sup>00</sup>**

w MUSCAT RAISINS DOURO MOSCATEL  
w COCOA NIBS, ORANGE ALGARVE  
w CRISPY ONION, THYME  
w CAROB ALGARVE, FIG DOURO

**NEW**

**BOLO — REI** TRADITIONAL CROWN OV 1200GR **26<sup>00</sup>**

**BOLO — RAINHA** MALABAR GOURD CROWN OV 1200GR **29<sup>00</sup>**

**WILLY WONKA** CHOCOLAT TRUNK OV 1200GR **28<sup>00</sup>**

**RABANADAS** FRENCH TOAST OV UNIT **3<sup>00</sup>** 6 UNIT **16<sup>00</sup>**

**WINE RABANADAS** OV UNIT **3<sup>50</sup>** 6 UNIT **18<sup>00</sup>**

**PÃO — DE — LÓ** OVAR SPONGECAKE OV 500GR **17<sup>00</sup>**

**PUMPKIN PIE** PECAN PISTACHIO OV 700GR **17<sup>00</sup>** 1400GR **32<sup>00</sup>**

**NEW** **'ABADE PRISCOS'** GADUS MORHUA OV 500GR **13<sup>00</sup>** 1000GR **24<sup>00</sup>**

**CHURRA** GOATMILK CHEESECAKE OV 700GR **18<sup>00</sup>** 1400GR **35<sup>00</sup>**

**BORDALEIRA** SHEEPMILK CHEESECAKE OV 700GR **22<sup>00</sup>** 1400GR **42<sup>00</sup>**

**TIRA — M — ISSO** OV 700GR **18<sup>00</sup>** 1400GR **35<sup>00</sup>**

**COCOA<sup>3</sup>** OV GF DF 700GR **19<sup>00</sup>** 1400GR **39<sup>00</sup>**

**SALAME PISTACHIO** OV 500GR **17<sup>00</sup>** 1000GR **32<sup>00</sup>**

**BANANA BREAD** OV N BRICK 600GR **16<sup>00</sup>** 1200GR **24<sup>00</sup>**

**SPICY GINGER** OV BRICK 600GR **14<sup>00</sup>** 1200GR **22<sup>00</sup>**

**TEA CAKES** OV BRICK 600GR **15<sup>00</sup>** 1200GR **23<sup>00</sup>**

w LIME, LEMON, POPPY SEEDS  
w COCOA, COFFEE, ROSE PEPPER  
w COCONUT  
w ORANGE ALGARVE  
w CARROT, WALNUT N OR PARSNIP SEASONAL  
w EGG WHITES, SULTANAS, PORT WINE

**THE PUDDING** OV 600GR **13<sup>00</sup>** 1200GR **24<sup>00</sup>**

**PAVLOVA** TOPPING SEASONAL OV UNIT **7<sup>00</sup>** 24CM **30<sup>00</sup>**

# THE TOWNHOUSE KITCHEN

- CROISSANT** PUFF DOUGH OV UNIT 2<sup>50</sup> LOAF 600GR 14<sup>00</sup>  
**PAIN AU CHOCOLAT** OV UNIT 3<sup>50</sup> LOAF 600GR 18<sup>00</sup>  
**CINNAMON BUN** OV UNIT 3<sup>00</sup> LOAF 600GR 16<sup>00</sup>  
**RIBBON** PISTACHIO OR CRANBERRY OV UNIT 3<sup>50</sup> LOAF 600GR 18<sup>00</sup>  
**NEW** **ESTRELA ROLL** SEIA SHEEP CHEESE ROLL OV UNIT 3<sup>50</sup>  
**TOWNHOUSE SCONES** OV UNIT 2<sup>00</sup>  
**NEW** **ARRUFADINHAS** OV UNIT 2<sup>50</sup> 6 UNIT 12<sup>00</sup>  
**AL—BROWNIE** VEGAN V DF GF N UNIT 4<sup>50</sup> 6 UNIT 22<sup>00</sup>

**COOKIES** OV N FROM 100GR 5<sup>00</sup> 200GR 8<sup>00</sup>

AL—BISCOTTI CANTUCCINI PISTACHIO OR ALMOND

GINGERBREAD OR XMAS FIGURES SPECIAL +4<sup>00</sup>

LIME—LEMON COCONUT OR VEGAN

OATS / PEANUT BUTTER OR COCOA PEANUT BUTTER

**JAMS** V DF GF 200GR 8<sup>00</sup>

w COCONUT, PINEAPPLE AZORES

w FIG CONFIT DOURO

w FOREST FRUITS

**NEW** w GREENGAGE PLUM RAINHA CLÁUDIA

w KIWI, LIME, ROSE PEPPER

w PEACH, GARAM MASALA, LAVENDER

w PUMPKIN NUTS N

w PLUM, CHIA, PORT WINE DOURO

w STRAWBERRY, BASIL

**QUINCE** V DF GF JELLY 200GR 5<sup>00</sup> MARMALADE 100GR 10<sup>00</sup>

**CHUTNEYS** V DF GF 200GR 8<sup>00</sup>

w AL—GHARB MANGO ALGARVE, APPLE, SHALLOT

w BEETROOT, ORANGE ALGARVE

w FENNEL, TURMERIC / CORAÇÃO DE BOI TOMATO

w RAINBOW PEPPERS / PORT ONION DOURO

**BREAD & BUTTER PICKLES** V DF GF 200GR 8<sup>00</sup>

**KIMCHI** V DF GF 200GR 8<sup>00</sup>

**PIMENTA DA TERRA** KETCHUP V DF GF 200GR 8<sup>00</sup>

# THE TOWNHOUSE KITCHEN

- NEW** **BAR CHOCOLATE** WHITE / MILK / DARK / MIX OV 100GR **9<sup>00</sup>**  
**TÚRRON** COCOA / PINE NUT / HONEYCOMB V GF DF 100GR **11<sup>00</sup>**
- NEW** **(CAROB) BLACK SALTED CARAMEL** OV GF 200GR **9<sup>00</sup>**  
**SEA SALT** ALGARVE AROMATISED IN HOUSE V N 150GR **8<sup>00</sup>**  
w PORT WINE DOURO w CITRUS LIME, LEMON
- TAHINI SESAME PASTE** V DF GF 200GR **8<sup>00</sup>**  
**NUT—BUTTERS** PLANT—BASED V DF GF N 200GR **12<sup>00</sup>**  
w ALMOND w PEANUT  
w CASHEW NUT w PISTACHIO +2<sup>00</sup>  
w HAZELNUT w WALNUT
- SPICED NUTS** V DF N 100GR **12<sup>00</sup>**  
**PISTACHIO DUKKAH** SEASONING V DF N 100GR **14<sup>00</sup>**  
**GRANOLA / MUESLI SEASONAL** V DF N 250GR **9<sup>00</sup>**
- NATURAL YOGHURT** HOUSEMADE OV GF 200GR **2<sup>00</sup>**  
**RICOTTA / LABNEH / TZATZIKI** OV GF 200GR **6<sup>00</sup>**
- NATURAL SODAS** V DF GF 50CL **6<sup>00</sup>** 1L **11<sup>00</sup>**  
HOUSEMADE 100% NATURAL INFUSIONS — FIZZY w CARBONATED WATER  
w LIME, MINT / LEMONGRASS, FENNEL  
w GINGER, LEMON, ANISTAR / FOREST BERRIES  
w HIBISCUS, WILD ROSES, CARDAMOM  
w CARQUEJA, CHAMOMILE, ORANGE  
w ST JOHN'S HEART, BIRCH, LEMON  
w BLUEBERRY, ANISEED—AGASTACHE  
w VERBENA, HEATHER, SAVORY, LIME
- FERMENTED SODAS** V DF GF 50CL **9<sup>00</sup>** 1L **16<sup>00</sup>**  
HOUSEMADE 100% NATURAL FERMENTED  
KOMBUCHA BLACK TEA SIDRA BRAVO—ESMOLFE APPLE  
GINGER BEER ROOT TEPACHAI PINEAPPLE SPICES
- COLD BREW** V DF GF 50CL **5<sup>00</sup>** 1L **9<sup>00</sup>**
- COFFEE** VERNAZZA COFFEE ROASTERS BEAN 250GR **14<sup>00</sup>**  
**TEA BLENDS** TOWNHOUSE LOOSE LEAF BLEND 25GR **5<sup>00</sup>**